***CYC Junior Sailing Program FAQ’s***

**Who is invited to participate?**

• Children ages 8 thru16 interested in learning how to sail are invited to

participate.

• You do not have to be a member of Cambridge Yacht Club to

participate, however, members receive a price discount.

• All participants are required to know how to swim (swimming

assessment is on the first day).

**What will my child need to bring to class every day?**

All students should bring:

• A properly fitting U.S. Coast Guard approved life jacket. (We check this

the first day)

• A water bottle (water refills will be available)

• Sunscreen (it is best to arrive with it on, and re-apply at lunch)

• Sunglasses and a hat - looking forward to many sunny days!

•Wear a bathing suit or something you don’t mind getting wet.

• Towel and extra change of clothes just in case.

• A packed lunch and extra drink, lunch is not provided.

•Water shoes - closed toed shoes like crocs are the best.

**Does my child need to bring their own boat?**

We sail Optimist dinghies and Laser Sailboats in our program. The club

maintains a small fleet of each. While you do not need to supply a boat,

we encourage students to bring their own boat as our class size becomes

limited when our “fleet is full.” Students who have sailed with us a few

years and see themselves continuing to enjoy the sport are especially

encouraged to bring their own boat. Discounts are given to those

students who bring their own boat.

**What is a typical sailing class day involve?**

Students are placed in a class depending on their skills and instructional

needs. Students arrive at 9 am, check in at the pavilion and begin rigging

their boats and meet with their instructor who will outline the activities

for the day. If the weather is good, we will be out on the water as much

as possible. Lunch is at noon, followed by a return to the water for

afternoon instruction. Students de-rig boats and put away equipment for

pick up by 3:00. Sometimes, we will have an end of the day swim off the

docks.

**What if it rains?**

Generally speaking, we will have class even if it rains. We have plenty of

on land activities. However, in the case of several days of inclement

weather, severe storms, or a hurricane, we reserve the right to cancel

class. You will be notified by phone if class is cancelled.

**Do you have a racing program?**

We provide racing instruction for those students who have the desire to

learn how to race. While racing is not the primary focus of our program,

we recognize it as an important part of the sailing world and encourage

those students who enjoy racing and have the necessary skills to

participate in a few local regattas. Our racing coaches are experienced

competitors and have the skills and knowledge to train young racers